

CONGRATULATIONS! YOU ARE A SPORT PARENT!

Here are some suggestions to help make this a great season for everyone.

1. This is a busy time of year for everyone, and your volunteer coach is no exception. Please be sure your child is dropped off and picked up from practice on time. If your child will not be attending a game or practice be sure to let the coach know.
2. It has become somewhat of a "tradition" that players enjoy refreshments following their games! If, as a parent, you are asked to supply refreshments, please keep in mind the packaging and litter factor of the treat that you provide.
3. When you drop off your child for practice or a game, have your child check with the coach to be sure there have not been any changes. Or, better yet, ...stay and watch!!
4. Try to find time to play the game with your child at home. A few minutes of practice will be fun, and you'll be surprised how much you learn from your young athlete.
5. Try to make it to the games. It really makes it more fun when your child knows there is someone there cheering just for him or her.
6. When you cheer, make it positive. Negatives aren't just unpleasant, they don't help the child improve.
7. Let the coach, coach. Yelling instructions from the sidelines confuses the players. Let the coach be the only person the players listen to during a game.
8. Let the referee, referee. Our refs are doing their best. They will make incorrect calls. It is not appropriate to discuss anything with a referee during a game.
9. Recognize your child's performance. Kids play for fun and to improve individually. When discussing the day, ask them "Did you have fun?" or "How did you do?", don't stress winning or losing.
10. After the game focus on how your child thinks about what they did on the field. This is your opportunity to give them positive feedback.



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