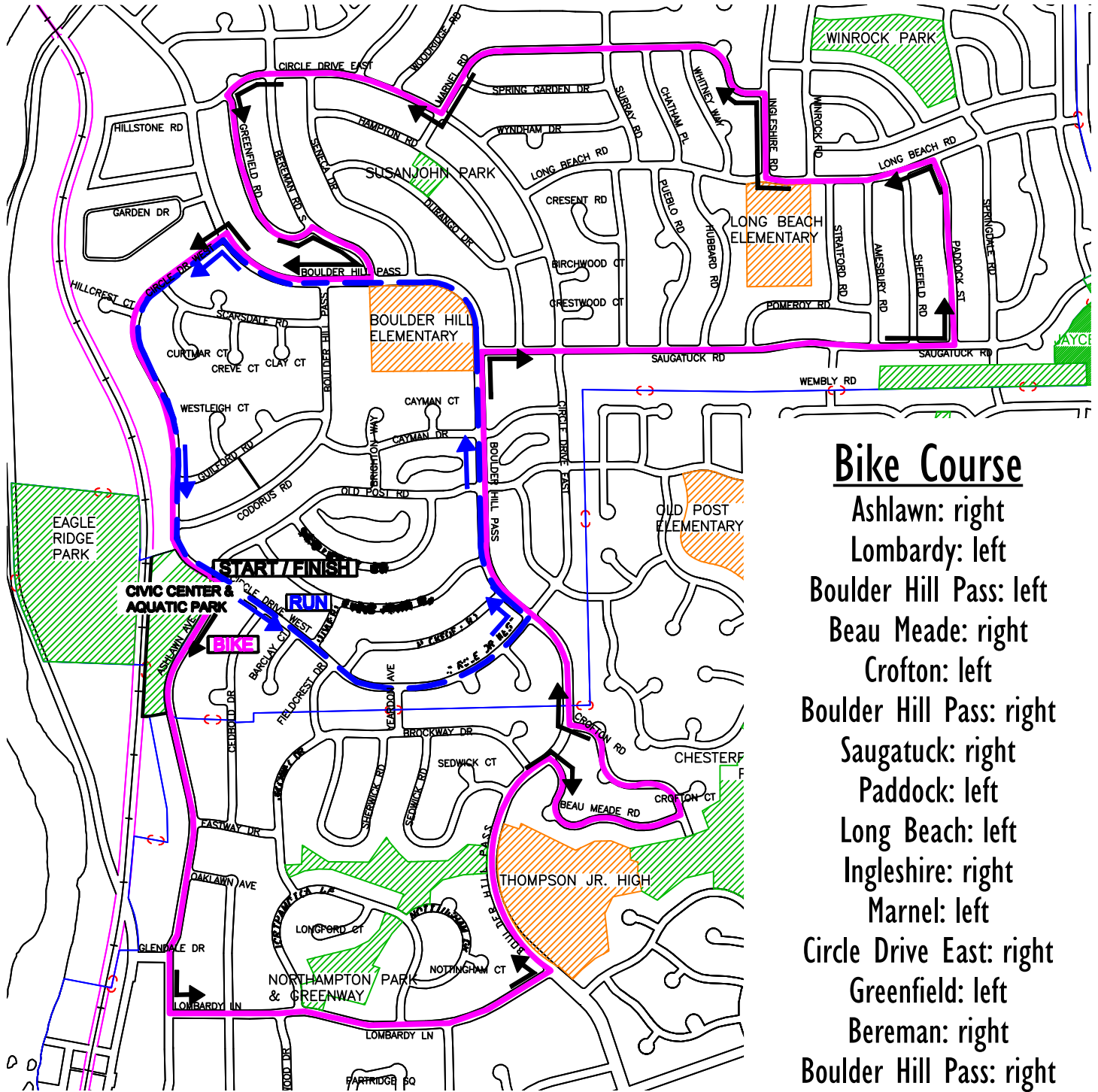


I Tried a Triathlon

Course Map



Bike/Run Course

- 6.5 mile bike
- 2.1 mile run



Reminders

- *Helmet is required
- *Bike with traffic
- *Run against traffic
- *Use caution at all intersections. Roads will NOT be blocked.

Bike Course

- Ashlawn: right
- Lombardy: left
- Boulder Hill Pass: left
- Beau Meade: right
- Crofton: left
- Boulder Hill Pass: right
- Saugatuck: right
- Paddock: left
- Long Beach: left
- Ingleshire: right
- Marnel: left
- Circle Drive East: right
- Greenfield: left
- Bereman: right
- Boulder Hill Pass: right
- Circle Drive West: left
- To Run Transition...

Run Course

- Stay on Circle Drive West
- Boulder Hill Pass: left
- Circle Drive West: left
- To Finish